



## **Phab – Terms and Conditions 2025**

### **TCS Marathon Guaranteed Entry**

- When submitting your on-line application, you agree to a sponsorship of £2,200. We ask that £400.00 of this minimum amount is paid within 3 months of applying and that you agree to pay the full balance of £1800.00 by Friday 14th February 2025.
- The minimum pledge applies once you are accepted to run by Phab having been allocated a guaranteed entry with Phab, and we have acknowledged your £400.00 deposit.
- Please contact us for our international bank details.
- In the event of you having to withdraw, Phab does not operate an automatic deferral system, but should you wish to apply for the following year, an on-line application is required. Monies raised and received would be carried forward to the following year. (One year only)
- The guaranteed entry is given on the understanding that you raise sponsorship exclusively for Phab. This cannot be shared to raise funds for any other Charity.
- Funds raised off-line by each Phab runner (not via JustGiving, or Enthuse ) need to be sent personally to Phab and not given to a third party to send on to Phab, unless previously agreed. These funds need to be sent in after every event.

- Under no circumstances can you transfer your place to another runner.
- Phab reserves the right to withdraw any runner at any time.
- All applications must be made by the individual, with the runner taking responsibility for raising the sponsorship and paying this over. We do not accept payments from 3<sup>rd</sup> party individuals or Companies
- By agreeing to these terms and conditions, you acknowledge that the funds you are paying Phab, are being donated for charitable purposes.
- The minimum pledge applies once you are accepted to run, having been allocated a guaranteed entry with Phab.
- We require you to send in off-line sponsorship as it is raised and no later than three months after the race.
- Under no circumstances can you transfer your place to another runner.
- Phab reserves the right to withdraw any runner at any time.

### Online Fundraising for Runners 2025

- Create your online sponsorship page by visiting:

JustGiving - <https://www.justgiving.com/phab> - then click 'raise money' to create your page

Enthuse - <https://2025tcs londonmarathon.enthuse.com/fundraising/start?charityid=327437#!/>

Then click the link to set up and personalise your page.

- Share your page details with family, friends, colleagues, and other contacts for them to donate quickly and easily online with a credit or debit card..
- Funds raised via JustGiving or Enthuse come directly through to Phab and we are updated weekly on your level of on-line sponsorship.
- Off-line funds should be sent to Phab (see FAQs) as they are received; please add these off-line funds to your on-line JustGiving fundraising page or your Enthuse Page

## FAQs

TCS London Marathon 2025, Sunday 27<sup>th</sup> April

Who should cheques be made payable to?

Phab Ltd

Do Phab require sponsors, not using an online site, to put their name, address, and postcode on the sponsor form for Gift Aid to be claimed?

YES – without the sponsors' name, house number and postcode we are unable to claim the Gift Aid. This will only be applicable to UK donations.

How do I fundraise?

Each individual has access to different fundraising sources and should fundraise in ways they feel comfortable with. For further tips please [visit our Phab journey](#).

Can my sponsors pay by credit card or debit card?

YES – you can build your own web page with JustGiving for on-line sponsorship via credit or debit cards.

If I raise some or all my sponsorship via JustGiving, or Enthuse is the Gift Aid recoverable and considered part of the minimum pledge?

NO. Gift Aid cannot be included as part of your raised minimum pledge amount.

When do I get my Phab runner's pack?

Phab runner's packs are sent out in mid-February 2025

Do Phab supply running vests?

YES – you will be sent a Phab vest in your runner's pack in mid-February. If you want your vest earlier please contact [janine.williams@phab.org.uk](mailto:janine.williams@phab.org.uk)

If I sustain an injury prior to the race and have to withdraw, am I committed to still send the minimum amount pledged?

No – your commitment to raise your pledged amount comes into effect once you run on Race Day.

If I sustain an injury and have to withdraw, will I automatically be allocated a Golden Bond place for the following year?

NO – please contact [Janine.williams@phab.org.uk](mailto:Janine.williams@phab.org.uk)

If I start the marathon but do not finish, am I still expected to honour the pledge?

Yes – Phab cannot claim back the place from the organisers for the following year if you actually start to run on Race Day.

Do Phab have a post-race meeting point on race day?

YES – We are privileged to hold our post-race reception area at The Storeyard and Park Offices in St James’s Park, the working yard for St James’s Park, where Phab provide massage and refreshments (more details will follow at a later date). The Storeyard remains open until 6.00 pm on Race Day. The last massage is at 5.30pm.

Can Phab help with accommodation for race weekend?

We suggest that Phab runners looking for accommodation in London go to the official London Marathon website. [We also have guides on accommodation in our Phab Journey](#). We also suggest that you join the Phab running group on Facebook page and ask the runners on the group.

When do Phab require the off-line sponsorship money by?

All off-line money should be sent into us by cheque or by BACS as you raise this,.

When, where and how do I register?

Phab will send you a link to register with London Marathon Events, and then you will be sent your final instructions for registration direct from the organisers of the TCS London Marathon This needs to be done on-line. You then need to register in person which takes place on the four days prior to the event at Excel, Docklands, London, Wednesday 11.00am–8.00pm, Thursday and Friday 10.00am–8.00pm, Saturday 9.00am–5.00pm. If you arrive after 5.00pm on the Saturday you will not be allowed to register and therefore cannot run.

Can Phab loan me a banner for fundraising?

YES – however these are much in demand and they must be returned afterwards.

Can Phab supply collection boxes?

YES – Collection boxes are available, on request, but they need to be returned empty after the event to Janine Williams, Phab Challenge Events Manager, 1 Calvert Road, West Park, Uckfield, East Sussex TN22 2DB. They are for use on private premises only and may not be used for street collection.

Can Phab supply me with a letter of authority?

YES – If any of your sponsors need a letter to prove to them that you are running and raising money for Phab, please get in touch with [Janine.williams@phab.org.uk](mailto:Janine.williams@phab.org.uk).

Is it OK to put sponsors logos on my vest/T-shirt?

YES.

Should I put my name on my vest/T-shirt?

YES DEFINITELY – This will get you round on the day with people calling out your name.

**Can I give my place to someone else if I am unable to run?**

NO – This is not allowed. If you are unable to run Janine Williams must be informed. [Janine.williams@phab.org.uk](mailto:Janine.williams@phab.org.uk) or phone 01825 749826.

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