

Information for Clubs and Affiliates 2023

## **Support For Clubs**

Phab offers a variety of support to its Phab Clubs to help them run their clubs as best as possible.

We offer support with the groundwork like example policies and procedures, health and safety documents, risk assessments and more; to help clubs feel confident in the knowledge their club is running as safely as possible. A free DBS check service is also in place to help ease the stress of managing volunteer DBS checks.

There is also support to promote their Phab Clubs, the opportunity to have a website as a subdomain of this site,

and help setting up social media pages, as well as creating personalised posters and graphics to help spread the word of their club and what it offers.

A monthly funding bulletin is also shared with clubs, with hundreds of potential avenues of funding that they can apply for and a monthly newsletter to share with all Phab supporters, where clubs can promote themselves and share exciting stories or a recent event they've just had with the wider public.

We are always at the other end of a phone to help with any queries Phab Clubs might have.

## **Clubs In Schools and Universities**

Phab works closely with schools to develop new Phab Clubs on site, hosted by students for their guests with the support of the school staff.

This is part of a long-term programme fulfilling Phab's aim of enabling disabled and non-disabled people to make a place to belong, a place to thrive.

Alongside the clubs, schools and universities also run their own Adventures, where disabled people and non-disabled people stay on site to enjoy the facilities and activities the school offers, with support from school staff and volunteers.

## **Affiliates**

As well as our Phab Clubs and those held in schools and universities, other organisations can join the Phab family by affiliating to Phab. You gain access to many of the benefits of being a Phab Club, join an ever growing family of groups **Building an inclusive world.** 

## The benefits of being Phab

We have a friendly Phab team who can offer immediate support and advice to clubs over the phone or email or Zoom. Through Phab, every club and affiliated group has exclusive access to:

- Free DBS checks for volunteers with a dedicated member of Phab staff to process applications
- A Monthly Funding Bulletin full of the latest fundraising opportunities
- Our Access to Phab scheme which offers clubs grants to help run their club safely and effectively
- High quality bespoke disability equality training and a range of webinars
- Our fun and exciting Phab events such as Flying Days,
  our residential Adventures, regional fun weekends and more
- Free club website (if required)
- A 30% discount on our accessible holiday home at Bowleaze Cove, Weymouth, Dorset

- Places on The Knoticat (www.knoticat.co.uk), a 9m
  converted sailing catamaran
- Sample policies and procedures to use or adapt
- A variety of discounts including Specialist Vehicle
  Rental and merchandise providers CHEC and half price full
  DMUK Membership and free on-line membership
- A Phab Pack to assist in the setting-up, management and operation of the club and its activities
- Start-up grants for new clubs to assist with first year's insurance, affiliation and a cheque to enable the club to open their own bank account
- Regular e-newletters emailed to all Phab clubs and contacts, where members are encouraged to share details of their clubs' activities and a Facebook group
- Information about services and potential partners local to the club, potential volunteering routes
- A unique, tailor-made Phab Club insurance package, via Phab's insurance brokers, Scrutton Bland, who will provide assistance and answer any queries
- Insurance subsidy scheme
- Places in the Virgin Money London Marathon,
  RideLondon-Surrey 100 and other related events for supporters of individual clubs
- Phab branded merchandise (T-shirts, rugby tops, hoodies, caps, pens, badges etc.) at cost price
- Listing on the Phab website to promote the club and attract new members and volunteers

- Loan of a Phab banner/display board for major promotional events
- Promotion of your Phab Club at national and regional events and exhibitions where Phab has a stand
- Our Annual Award Ceremony, where awards honouring the late Paul Hope, Louis Goldberg Award and Lord Morris of Manchester are given to individuals and groups who have excelled in fulfilling Phab's philosophy

For more information and support Contact Phab - <a href="mailto:info@phab.org.uk">info@phab.org.uk</a> / 020 8667 9443