

## Mobile Device Use (Phones, iPad's etc.) Guidelines for use on a Phab Adventure

We are very aware that more and more people have access to phones and tablets in their day to day lives.

**Children under the age of 18 years:** anyone under the age of 18 is requested not to bring mobile phone or tablets to the Phab Adventures. However, we are aware that some children need to bring them for communication assistance or to ease anxiety. If this is the case, the National Projects Manager will discuss this with parents beforehand and work out a compromise that will keep everyone safe. There will be plenty of opportunities to phone home using a Phab phone or pay phone and this can be arranged through the Phab Adventure Leader

**Please note:** Phab can not be held responsible for loss or damage of mobile devices and we strongly suggest that you check with your home insurance company.

## **Guidelines:**

- Anyone under the age of 18 who is bringing a tablet or phone whilst on a Phab Adventure must have parental controls on them.
- Wi-Fi at the outdoor centres is password protected and this will not be given to anyone under the age of 18 years
- Children will be encouraged not take their phones on activities and if the do will be requested to keep them in a safe space i.e. dry bag
- The suggested time for children to access their mobile phones to call home is between 6.30 and 7.30pm.
- Children are to hand their phones in to a member of Phab of staff overnight, so they do not have unsupervised access in their bedrooms.
- Anyone speaking via video call must ensure that this is done away from other participants, especially when in shared bedroom accommodation.

If you would like to discuss any of the above, please contact Rebecca Hargreaves on 07875 140898 <u>rebecca.hargreaves@phab.org.uk</u>