

Phab Adventure Residential Selection Criteria

Reviewed: January 2026

Phab provides a programme of challenging and exciting Phab Adventures Residentials for groups of children, young people and adults at fully accessible outdoor activity centres. Parents, guardians, personal assistants etc. can also attend.

Whilst away with Phab, the group will be supported by the Phab Adventure Leader (Phab staff members) and a team of Phab Volunteers. Volunteers will undergo a DBS check and receive training and information on safeguarding and other essential topics.

Who Can Apply?

Our inclusive Phab Adventures welcome applications from disabled and non-disabled people. You can apply to attend:

- Independently and receive support from Phab staff and volunteers subject to our policies and procedures regarding personal care and safeguarding
- With a personal assistant of your choice
- As a family

I have been before can I apply again? Phab welcomes applications from children/young people/adults who have been before and we recognise that subsequent attendance can build on their confidence and independence skills.

What level of support Can You Provide?

- **Children and Young People:** Phab Ltd can offer supervision, emotional support, medication administration and non-invasive personal care support to children and young people aged 8 – 17 years. Phab Ltd cannot provide complex medical or behavioural support. If a child or young person requires complex or invasive medical/personal support, then a person known to them must attend with them.
- **Adults:** Phab Ltd can offer supervision, non-complex emotional support, prompting and keeping medication safe, but Phab Ltd cannot provide personal/intimate care support, medication administration (including

emergency medication e.g. Buccal Midazolam, or complex health/behaviour. For adults requiring personal/intimate care support, medication administration, or complex health and behaviour support they must arrange for a person known to them to attend with them.

How do I Apply?

As soon as the application process is open, details of the venues, dates and information about the application process will be emailed to all interested contacts, Phab Club Leaders with a request to pass it on to their club members. It will also be posted on our Social Media spaces, newsletter and available on our website.

Each applicant must complete an application form. The application form is available on our website www.phab.org.uk. This form can be completed online or over the telephone by contacting Rebecca Hargreaves (National Projects Manager) on 07875 140898 or rebecca.hargreaves@phab.org.uk

What Happens Next?

A panel including the National Projects Manager, Adventure Leaders and impartial volunteers meet to look at and discuss each application received and places are then allocated. Applicants are contacted via email regarding the outcome as soon as possible following this meeting.

How Do You Decide Who Gets a Place?

Phab receives more applications than it has places available and this means unfortunately we are not able to accommodate everyone. Please note: Phab is fundraising constantly to enable us to offer as many people as possible the opportunity to take part. The number of places available will be dependent on the funding Phab receives for the corresponding year.

To ensure we have a fair and unbiased decision-making process the following criteria is assessed at each panel meeting.

1. Safeguarding – we must ensure that all children/young people/adults attending are kept safe, happy and well during their time away and we must adhere to our relevant policies.

2. The Phab Adventure must be appropriate environment for the applicant:
 - Outdoor activities (all of which are accessible) form the basis of the Phab Adventures and interest in this type of activity is beneficial to ensure applicants enjoy their time away.
 - There is a social aspect and there will be group situations i.e. dining area, activity groups, potential shared bedrooms. There are also safety instructions which must be complied with.
3. Sleeping arrangements – we are restricted to the equipment and layout of the bedrooms at the outdoor centres with some rooms accommodating up to 6 people. There are a very small number of twin and single rooms. Please note: If applying as a family, you will be allocated your own bedroom and will not share with others. When allocating places for individual applicants, the following must be considered:
 - Equipment available in bedrooms i.e. number of profile beds, fixed tracking hoists, bathroom/wet room facilities
 - Whether someone needs to share with a personal assistant etc
 - Genders specific rooms will be allocated and will not be mixed*.
 - Bedroom these will be allocated according to ages and similar age ranges will be placed together*.
 - Age Ranges – Children (up to 17 years) and Adults (18 and older) will not share bedrooms.

*To ensure a person-centred approach, Phab is open to discussion about gender and age if risk assessed and deemed safe and appropriate following consultation with the Projects Manager and parents/guardians etc. i.e. siblings
4. Other services the applicant already has access to
5. The individual, family, parent or guardians' circumstances
6. Funding – Phab sometimes receives specific restricted funding which can only be used for an applicant that fits the funding criteria i.e. lives in a certain geographical area or age group etc.
7. Extenuating circumstances. To give an idea, instances in the past have been: A child who has been before but has: A life limiting condition but needs to experience as much as they can in the time they have left. A parent is attending hospital for an operation or has a terminal illness. A child who has experienced a recent bereavement.

8. Random selection: When all criteria has been exhausted, e.g. if we have three families applying but only one room available, we will have to decide via random chance selection

All places offered are subject to a full risk assessment to ensure that our safeguarding and personal care support and behaviour management requirements are adhered to. This will include gathering further information from parents, schools and other agencies etc via consent forms, Phab Passport (All about me booklet), phone calls, video meetings or potential home visit.

Phab reserves the right to withdraw an offer if we are unable to meet these requirements to ensure everyone is safeguarded.